

# Quality Considerations: Statin Use in Persons With Diabetes

“Statin Use in Persons with Diabetes” is a Medicare Star Ratings quality measure. According to the American Diabetes Association guidelines, statins should be considered for all patients with diabetes ages 40-75 to reduce the risk of cardiovascular events and death, regardless of their LDL level.\*

If your Medicare patients have a condition listed in the following table and there is a valid reason for them to NOT take a statin, please bill the appropriate ICD-10 code to remove the patient from the quality measure. Please note, this must be completed annually while the patient is under your care.

CONDITION	ICD-10-CM CODE
ESRD	I12.0, I13.11, I13.2, N18.5, N18.6, N19, Z91.15, Z99.2
Myositis	M60.80, M60.819, M60.829, M60.839, M60.849, M60.859, M60.869, M60.879, M60.9
Myopathy	G72.0, G72.89, G72.9
Rhabdomyolysis	M62.82
Pre-diabetes	R73.03, R73.09
Cirrhosis	K70.30, K70.31, K71.7, K74.3, K74.4, K74.5, K74.60, K74.69
PCOS	E28.2
Pregnancy and Lactation	Numerous; <b>Abbreviated list:</b> O09-O16.0, O20-O36, O26.899, O40-O48.0, O91-O92, O98-O99, O99.891, Z33.1, Z34.00

## What can you do for all your patients?

- If clinically appropriate, please consider initiating a statin therapy.
- Muscle symptoms are the most common adverse effects reported by statin users, however over 70% of these patients can tolerate one. Suggestions to improve tolerance include avoiding drug interactions, switching statin (hydrophilic statin such as pravastatin or fluvastatin), or lowering dose of the statin.\*\*

### References:

\*Centers for Medicare & Medicaid Services. Part C&D Performance Data. Page 109. Last Modified 02/05/2024.

<https://www.cms.gov/medicare/prescription-drug-coverage/prescriptiondrugcovgenin/performanceceadata>

\*\*Clinical Resource, Statin Muscle Symptoms: Managing Statin Intolerance. Pharmacist’s Letter/Prescriber’s Letter, August 2022. Available at: <http://www.pharmacistsletter.com>.

**For additional guidance, see:** American Diabetes Association. Standards of Medical Care in Diabetes 2024. Diabetes Care 2024; 47 (Suppl 1): S1-S218.