

Pasteurized Donor Human Breast Milk (PDHM)

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Guideline

Pasteurized Donor Human Breast Milk (PDHM) (which may include fortifiers as medically indicated) is considered medically necessary for infants who:

- Have a documented birth weight of < 1500 grams (3.3 pounds); **or**
- Have a congenital or acquired condition that places high risk of developing necrotizing enterocolitis (NEC) and/or infection

Coverage of PDHM* is for infants who meet the criteria above **and** one or more of the following conditions:

- Medically or physically unable to receive maternal breast milk or participate in breast feeding; **or**
- Unable to participate in breast feeding despite optimal lactation support; **or**
- Born to mothers whose breast milk isn't suitable for consumption due to the presence of certain substances or disease; **or**
- In cases where the mother is medically or physically unable to produce maternal breast milk at all or insufficient quantities

*** Outpatient coverage effective Jan. 1, 2025.**

Limitations/Exclusions

An order for PDHM must be issued by a licensed medical practitioner for an infant who is medically or physically unable to receive maternal breast milk or participate in breast feeding or whose mother is medically or physically unable to produce maternal breast milk at all or in sufficient quantities or participate in breast feeding despite optimal lactation support

Applicable Procedure Code

T2101	Human breast milk processing, storage and distribution only
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Revision History

Nov. 8, 2024	Reinstated commensurate with New York State mandate which removes inpatient setting restriction. (Outpatient coverage eff. Jan. 1, 2025)
Jul. 14, 2023	Retired policy
Apr 12, 20218	Removed Medicaid-only restriction

References

New York State Insurance Law.

https://nyassembly.gov/leg/?default_fld=%0D%0A&leg_video=&bn=s6674&term=&Summary=Y&Text=Y.