

# **Blepharoplasty**

| POLICY NUMBER | LAST REVIEW       |
|---------------|-------------------|
| MG.MM.SU.10jC | February 14, 2025 |

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# **Definitions**

| Blepharochalasis                 | Excessive skin on the eyelids due to chronic blepharedema, which physically stretches the skin.  |  |
|----------------------------------|--|--|
| Blepharoptosis                   | Drooping of the upper eyelid, which relates to the position of the eyelid margin with respect to the eyeball and visual axis.  |  |
| Brow Ptosis                      | Drooping of the eyebrows to such an extent that excess tissue is pushed into the upper eyelid. It is recognized that in some instances the brow ptosis may contribute to significant superior visual field loss. It may coexist with clinically significant dermatochalasis and/or lid ptosis.   |  |
| Blepharoplasty                   | Surgical removal of redundant skin, muscle and fatty tissue from the eyelids for the purpose of deformity reconstruction, functional improvement of abnormalities or appearance enhancement.   |  |
| Cosmetic blepharoplasty          | When blepharoplasty is performed to improve a patient's appearance in the absence of any signs or symptoms of functional abnormalities, the procedure is considered cosmetic.  |  |
| Reconstructive<br>blepharoplasty | When blepharoplasty is performed to correct visual impairment caused by drooping of the eyelids (ptosis); repair defects caused by trauma or tumor-ablative surgery (ectropion/entropion corneal exposure); treat periorbital sequelae of thyroid disease and nerve palsy; or relieve the painful symptoms of blepharospasm, the procedure should be considered reconstructive. This may involve rearrangement or excision of the structures with the eyelids and/or tissues of the cheek, forehead and nasal areas. Occasionally a graft of skin or other distant tissues is transplanted to replace deficient eyelid components. |  |

| Dermatochalasis                   | Excessive skin on the eyelids as a result of loss of skin elasticity with aging.   |  |
|-----------------------------------|--|--|
| Pseudoptosis or<br>"false ptosis" | Excessive skin overhanging the eyelid margin and creating the appearance of true blepharoptosis, although the eyelid margin is usually in an appropriate position with respect to the eyeball and visual axis. |  |

# Guideline

# (See also Cosmetic and Reconstructive Surgery Procedures)

The goal of functional or reconstructive surgery is to restore normalcy to a structure that has been altered by trauma, infection, inflammation, degeneration, neoplasia or developmental errors.

Members are eligible for coverage of blepharoplasty procedures and repair of blepharoptosis when performed as **functional or reconstructive** surgery to correct any of the following (list not meant to be all-inclusive):

- Congenital ptosis with risk for amblyopia
- Ectropion and Entropion (visual fields not necessary)
- Prosthesis difficulties in an anophthalmia socket
- Symptomatic redundant skin weighing down upper lashes
- Visual impairment with near or far vision due to dermatochalasis, blepharochalasis or blepharoptosis
- To relieve painful symptoms of blepharospasm
- Epiblepharon
- Lagophthalmos
- Congenital lagophthalmos
- Post-traumatic defects of the eyelid
- Exposure keratopathy secondary to thyroid eye disease
- Blepharotomy for symptomatic exposure secondary to eyelid retraction resistant to medical therapy
- Superficial punctate keratitis resistant to medical therapy necessitating blepharotomy

Documented patient complaints justifying functional surgery that are commonly found in patients with ptosis, pseudoptosis or dermatochalasis include:

- Interference with vision or visual field.
- Difficulty reading or driving due to upper eyelid drooping
- Looking through the eyelashes or seeing the upper eyelid skin

# **Documentation**

Documentation must include history and physical with appropriate patient complaints, visual fields and photographs, as described below.

#### **Photographic evidence:**

Photographs must be frontal (canthus-to-canthus), with the head perpendicular to the plane of the camera, to demonstrate the position of the true lid margin or the pseudo-lid margin. Oblique photos are only needed to demonstrate redundant skin weighing down upper eyelashes when this is the only indication for surgery.

Photographs must demonstrate ≥ 1 of the following:

- The upper eyelid margin rests 2 mm or less above the corneal light reflex
- The upper eyelid skin rests on the eyelashes
- The upper eyelid position contributes to difficulty tolerating a prosthesis in an anophthalmia socket

**Visual fields:** Must be recorded using either the Goldmann Perimeter or a programmable perimeter to test a superior (vertical) extent of 50–60 degrees above fixation. The superior visual with the upper eyelid at rest should be restricted to within 30 degrees of fixation and there should be a minimum of 12 degrees of improvement in the superior visual field (vertical extent) with the upper eyelids taped.

# **Limitations and Exclusions**

The Plan does not consider blepharoplasty procedures performed solely for cosmetic reasons to be medically necessary.

Blepharoplasty, blepharoptosis repair, or brow lift and lower lid blepharoplasty is considered cosmetic and not medically necessary when performed to improve an individual's appearance in the absence of any signs or symptoms of functional abnormalities.

# **Procedure Codes**

| 15820 | Blepharoplasty, lower eyelid   |  |
|-------|--|--|
| 15821 | Blepharoplasty, lower eyelid; with extensive herniated fat pad   |  |
| 15822 | Blepharoplasty, upper eyelid   |  |
| 15823 | Blepharoplasty, upper eyelid; with excessive skin weighting down lid   |  |
| 67900 | Repair of brow ptosis (supraciliary, mid-forehead or coronal approach)   |  |
| 67901 | Repair of blepharoptosis; frontalis muscle technique with suture or other material (eg, banked fascia)         |  |
| 67902 | Repair of blepharoptosis; frontalis muscle technique with autologous fascial sling (includes obtaining fascia) |  |
| 67903 | Repair of blepharoptosis; (tarso) levator resection or advancement, internal approach                          |  |
| 67904 | Repair of blepharoptosis; (tarso) levator resection or advancement, external approach                          |  |
| 67906 | Repair of blepharoptosis; superior rectus technique with fascial sling (includes obtaining fascia)             |  |
| 67908 | Repair of blepharoptosis; conjunctive-tarso-Müller's muscle-levator resection (eg, Fasanella-Servet type)      |  |
| 67909 | Reduction of overcorrection of ptosis  |  |
| 67911 | Correction of lid retraction   |  |
| 67914 | Repair of ectropion; suture  |  |
| 67915 | Repair of ectropion; thermo cauterization  |  |
| 67916 | Repair of ectropion; excision tarsal wedge   |  |
| 67917 | Repair of ectropion; extensive (eg, tarsal strip operations)   |  |
| 67921 | Repair of entropion; suture  |  |
| 67922 | Repair of entropion; thermocauterization   |  |
| 67923 | Repair of entropion; excision tarsal wedge   |  |

# **ICD-10 Diagnoses**

| H01.001 | Unspecified blepharitis right upper eyelid                   |  |
|---------|--|--|
| H01.002 | Unspecified blepharitis right lower eyelid                   |  |
| H01.003 | Inspecified blepharitis right eye, unspecified eyelid        |  |
| H01.00A | Unspecified blepharitis right eye, upper and lower eyelids   |  |
| H01.004 | Unspecified blepharitis left upper eyelid                    |  |
| H01.005 | Unspecified blepharitis left lower eyelid                    |  |
| H01.006 | Unspecified blepharitis left eye, unspecified eyelid         |  |
| H01.00B | Unspecified blepharitis left eye, upper and lower eyelids    |  |
| H01.009 | Unspecified blepharitis unspecified eye, unspecified eyelid  |  |
| H01.011 | Ulcerative blepharitis right upper eyelid                    |  |
| H01.012 | Ulcerative blepharitis right lower eyelid                    |  |
| H01.013 | Ulcerative blepharitis right eye, unspecified eyelid         |  |
| H01.01A | Ulcerative blepharitis right eye, upper and lower eyelids    |  |
| H01.014 | Ulcerative blepharitis left upper eyelid                     |  |
| H01.015 | Ulcerative blepharitis left lower eyelid                     |  |
| H01.016 | Ulcerative blepharitis left eye, unspecified eyelid          |  |
| H01.01B | Ulcerative blepharitis left eye, upper and lower eyelids     |  |
| H01.019 | Ulcerative blepharitis unspecified eye, unspecified eyelid   |  |
| H01.02A | Squamous blepharitis right eye, upper and lower eyelids      |  |
| H01.02B | Squamous blepharitis left eye, upper and lower eyelids       |  |
| H02.001 | Unspecified entropion of right upper eyelid                  |  |
| H02.002 | Unspecified entropion of right lower eyelid                  |  |
| H02.003 | Unspecified entropion of right eye, unspecified eyelid       |  |
| H02.004 | Unspecified entropion of left upper eyelid                   |  |
| H02.005 | Unspecified entropion of left lower eyelid                   |  |
| H02.006 | Unspecified entropion of left eye, unspecified eyelid        |  |
| H02.009 | Unspecified entropion of unspecified eye, unspecified eyelid |  |
| H02.011 | Cicatricial entropion of right upper eyelid                  |  |
|         |  |  |

| H02.012 | Cicatricial entropion of right lower eyelid                  |  |  |
|---------|--|--|--|
| H02.013 | Cicatricial entropion of right eye, unspecified eyelid       |  |  |
| H02.014 | Cicatricial entropion of left upper eyelid                   |  |  |
| H02.015 | Cicatricial entropion of left lower eyelid                   |  |  |
| H02.016 | Cicatricial entropion of left eye, unspecified eyelid        |  |  |
| H02.019 | Cicatricial entropion of unspecified eye, unspecified eyelid |  |  |
| H02.021 | Mechanical entropion of right upper eyelid                   |  |  |
| H02.022 | Mechanical entropion of right lower eyelid                   |  |  |
| H02.023 | Mechanical entropion of right eye, unspecified eyelid        |  |  |
| H02.024 | Mechanical entropion of left upper eyelid                    |  |  |
| H02.025 | Mechanical entropion of left lower eyelid                    |  |  |
| H02.026 | Mechanical entropion of left eye, unspecified eyelid         |  |  |
| H02.029 | Mechanical entropion of unspecified eye, unspecified eyelid  |  |  |
| H02.031 | Senile entropion of right upper eyelid                       |  |  |
| H02.032 | Senile entropion of right lower eyelid                       |  |  |
| H02.033 | Senile entropion of right eye, unspecified eyelid            |  |  |
| H02.034 | Senile entropion of left upper eyelid                        |  |  |
| H02.035 | Senile entropion of left lower eyelid                        |  |  |
| H02.036 | Senile entropion of left eye, unspecified eyelid             |  |  |
| H02.039 | Senile entropion of unspecified eye, unspecified eyelid      |  |  |
| H02.041 | Spastic entropion of right upper eyelid                      |  |  |
| H02.042 | Spastic entropion of right lower eyelid                      |  |  |
| H02.043 | Spastic entropion of right eye, unspecified eyelid           |  |  |
| H02.044 | Spastic entropion of left upper eyelid                       |  |  |
| H02.045 | Spastic entropion of left lower eyelid                       |  |  |
| H02.046 | Spastic entropion of left eye, unspecified eyelid            |  |  |
| H02.049 | Spastic entropion of unspecified eye, unspecified eyelid     |  |  |
| H02.051 | Trichiasis without entropian right upper eyelid              |  |  |
| H02.052 | Trichiasis without entropian right lower eyelid              |  |  |
| H02.053 | Trichiasis without entropian right eye, unspecified eyelid   |  |  |
| H02.054 | Trichiasis without entropian left upper eyelid               |  |  |
| H02.055 | Trichiasis without entropian left lower eyelid               |  |  |
|         |  |  |  |

| H02.056 | Trichiasis without entropian left eye, unspecified eyelid        |  |
|---------|--|--|
| H02.059 | Trichiasis without entropian unspecified eye, unspecified eyelid |  |
| H02.101 | Unspecified ectropion of right upper eyelid                      |  |
| H02.102 | Unspecified ectropion of right lower eyelid                      |  |
| H02.103 | Unspecified ectropion of right eye, unspecified eyelid           |  |
| H02.104 | Unspecified ectropion of left upper eyelid                       |  |
| H02.105 | Unspecified ectropion of left lower eyelid                       |  |
| H02.106 | Unspecified ectropion of left eye, unspecified eyelid            |  |
| H02.109 | Unspecified ectropion of unspecified eye, unspecified eyelid     |  |
| H02.111 | Cicatricial ectropion of right upper eyelid                      |  |
| H02.112 | Cicatricial ectropion of right lower eyelid                      |  |
| H02.113 | Cicatricial ectropion of right eye, unspecified eyelid           |  |
| H02.114 | Cicatricial ectropion of left upper eyelid                       |  |
| H02.115 | Cicatricial ectropion of left lower eyelid                       |  |
| H02.116 | Cicatricial ectropion of left eye, unspecified eyelid            |  |
| H02.119 | Cicatricial ectropion of unspecified eye, unspecified eyelid     |  |
| H02.121 | Mechanical ectropion of right upper eyelid                       |  |
| H02.122 | Mechanical ectropion of right lower eyelid                       |  |
| H02.123 | Mechanical ectropion of right eye, unspecified eyelid            |  |
| H02.124 | Mechanical ectropion of left upper eyelid                        |  |
| H02.125 | Mechanical ectropion of left lower eyelid                        |  |
| H02.126 | Mechanical ectropion of left eye, unspecified eyelid             |  |
| H02.129 | Mechanical ectropion of unspecified eye, unspecified eyelid      |  |
| H02.131 | Senile ectropion of right upper eyelid                           |  |
| H02.132 | Senile ectropion of right lower eyelid                           |  |
| H02.133 | Senile ectropion of right eye, unspecified eyelid                |  |
| H02.134 | Senile ectropion of left upper eyelid                            |  |
| H02.135 | Senile ectropion of left lower eyelid                            |  |
| H02.136 | Senile ectropion of left eye, unspecified eyelid                 |  |
| H02.139 | Senile ectropion of unspecified eye, unspecified eyelid          |  |
| H02.141 | Spastic ectropion of right upper eyelid                          |  |
| H02.142 | Spastic ectropion of right lower eyelid                          |  |
|         |  |  |

| H02.143 | Spastic ectropion of right eye, unspecified eyelid            |  |
|---------|---|--|
| H02.144 | Spastic ectropion of left upper eyelid                        |  |
| H02.145 | Spastic ectropion of left lower eyelid                        |  |
| H02.146 | Spastic ectropion of left eye, unspecified eyelid             |  |
| H02.149 | Spastic ectropion of unspecified eye, unspecified eyelid      |  |
| H02.201 | Unspecified lagophthalmos right upper eyelid                  |  |
| H02.202 | Unspecified lagophthalmos right lower eyelid                  |  |
| H02.203 | Unspecified lagophthalmos right eye, unspecified eyelid       |  |
| H02.204 | Unspecified lagophthalmos left upper eyelid                   |  |
| H02.205 | Unspecified lagophthalmos left lower eyelid                   |  |
| H02.206 | Unspecified lagophthalmos left eye, unspecified eyelid        |  |
| H02.209 | Unspecified lagophthalmos unspecified eye, unspecified eyelid |  |
| H02.20A | Unspecified lagophthalmos right eye, upper and lower eyelids  |  |
| H02.20B | Unspecified lagophthalmos left eye, upper and lower eyelids   |  |
| H02.20C | Unspecified lagophthalmos, bilateral, upper and lower eyelids |  |
| H02.211 | Cicatricial lagophthalmos right upper eyelid                  |  |
| H02.212 | Cicatricial lagophthalmos right lower eyelid                  |  |
| H02.213 | Cicatricial lagophthalmos right eye, unspecified eyelid       |  |
| H02.214 | Cicatricial lagophthalmos left upper eyelid                   |  |
| H02.215 | Cicatricial lagophthalmos left lower eyelid                   |  |
| H02.216 | Cicatricial lagophthalmos left eye, unspecified eyelid        |  |
| H02.219 | Cicatricial lagophthalmos unspecified eye, unspecified eyelid |  |
| H02.21A | Cicatricial lagophthalmos right eye, upper and lower eyelids  |  |
| H02.21B | Cicatricial lagophthalmos left eye, upper and lower eyelids   |  |
| H02.21C | Cicatricial lagophthalmos, bilateral, upper and lower eyelids |  |
| H02.221 | Mechanical lagophthalmos right upper eyelid                   |  |
| H02.222 | Mechanical lagophthalmos right lower eyelid                   |  |
| H02.223 | Mechanical lagophthalmos right eye, unspecified eyelid        |  |
| H02.224 | Mechanical lagophthalmos left upper eyelid                    |  |
| H02.225 | Mechanical lagophthalmos left lower eyelid                    |  |
| H02.226 | Mechanical lagophthalmos left eye, unspecified eyelid         |  |
| H02.229 | Mechanical lagophthalmos unspecified eye, unspecified eyelid  |  |
|         |   |  |

| H02.22A | Mechanical lagophthalmos right eye, upper and lower eyelids  |  |
|---------|--|--|
| H02.22B | Mechanical lagophthalmos left eye, upper and lower eyelids   |  |
| H02.22C | Mechanical lagophthalmos, bilateral, upper and lower eyelids |  |
| H02.231 | Paralytic lagophthalmos right upper eyelid                   |  |
| H02.232 | Paralytic lagophthalmos right lower eyelid                   |  |
| H02.233 | Paralytic lagophthalmos right eye, unspecified eyelid        |  |
| H02.234 | Paralytic lagophthalmos left upper eyelid                    |  |
| H02.235 | Paralytic lagophthalmos left lower eyelid                    |  |
| H02.236 | Paralytic lagophthalmos left eye, unspecified eyelid         |  |
| H02.239 | Paralytic lagophthalmos unspecified eye, unspecified eyelid  |  |
| H02.23A | Paralytic lagophthalmos right eye, upper and lower eyelids   |  |
| H02.23B | Paralytic lagophthalmos left eye, upper and lower eyelids    |  |
| H02.23C | Paralytic lagophthalmos, bilateral, upper and lower eyelids  |  |
| H02.30  | Blepharochalasis unspecified eye, unspecified eyelid         |  |
| H02.31  | Blepharochalasis right upper eyelid                          |  |
| H02.32  | Blepharochalasis right lower eyelid                          |  |
| H02.33  | Blepharochalasis right eye, unspecified eyelid               |  |
| H02.34  | Blepharochalasis left upper eyelid                           |  |
| H02.35  | Blepharochalasis left lower eyelid                           |  |
| H02.36  | Blepharochalasis left eye, unspecified eyelid                |  |
| H02.401 | Unspecified ptosis of right eyelid                           |  |
| H02.402 | Unspecified ptosis of left eyelid                            |  |
| H02.403 | Unspecified ptosis of bilateral eyelids                      |  |
| H02.409 | Unspecified ptosis of unspecified eyelid                     |  |
| H02.411 | Mechanical ptosis of right eyelid                            |  |
| H02.412 | Mechanical ptosis of left eyelid                             |  |
| H02.413 | Mechanical ptosis of bilateral eyelids                       |  |
| H02.419 | Mechanical ptosis of unspecified eyelid                      |  |
| H02.421 | Myogenic ptosis of right eyelid                              |  |
| H02.422 | Myogenic ptosis of left eyelid                               |  |
| H02.423 | Myogenic ptosis of bilateral eyelids                         |  |
| H02.429 | Myogenic ptosis of unspecified eyelid                        |  |
|         |  |  |

| H02.431 | Paralytic ptosis of right eyelid                       |  |
|---------|--|--|
| H02.432 | Paralytic ptosis of left eyelid                        |  |
| H02.433 | Paralytic ptosis of bilateral eyelids                  |  |
| H02.439 | Paralytic ptosis unspecified eyelid                    |  |
| H02.521 | Blepharophimosis right upper eyelid                    |  |
| H02.522 | Blepharophimosis right lower eyelid                    |  |
| H02.523 | Blepharophimosis right eye, unspecified eyelid         |  |
| H02.524 | Blepharophimosis left upper eyelid                     |  |
| H02.525 | Blepharophimosis left lower eyelid                     |  |
| H02.526 | Blepharophimosis left eye, unspecified eyelid          |  |
| H02.529 | Blepharophimosis unspecified eye, unspecified lid      |  |
| H02.89  | Other specified disorders of eyelid                    |  |
| H02.831 | Dermatochalasis of right upper eyelid                  |  |
| H02.832 | Dermatochalasis of right lower eyelid                  |  |
| H02.833 | Dermatochalasis of right eye, unspecified eyelid       |  |
| H02.834 | Dermatochalasis of left upper eyelid                   |  |
| H02.835 | Dermatochalasis of left lower eyelid                   |  |
| H02.836 | Dermatochalasis of left eye, unspecified eyelid        |  |
| H02.839 | Dermatochalasis of unspecified eye, unspecified eyelid |  |
| H16.141 | Punctate keratitis, right eye                          |  |
| H16.142 | Punctate keratitis, left eye                           |  |
| H16.143 | Punctate keratitis, bilateral                          |  |
| H16.149 | Punctate keratitis, unspecified eye                    |  |
| H18.421 | Band keratopathy, right eye                            |  |
| H18.422 | Band keratopathy, left eye                             |  |
| H18.423 | Band keratopathy, bilateral                            |  |
| H18.429 | Band keratopathy, unspecified eye                      |  |
| H18.441 | Keratomalacia, right eye                               |  |
| H18.442 | Keratomalacia, left eye                                |  |
| H18.443 | Keratomalacia, bilateral                               |  |
| H18.449 | Keratomalacia, unspecified eye                         |  |
| L11.8   | Other specified acantholytic disorders                 |  |
|         |  |  |

| L11.9  | Acantholytic disorder, unspecified       |  |
|--------|--|--|
| L57.4  | utis laxa senilis                        |  |
| Q10.0  | Congenital ptosis                        |  |
| Q10.1  | Congenital ectropion                     |  |
| Q10.2  | Congenital entropion                     |  |
| Q10.3  | Other congenital malformations of eyelid |  |
| Q11.1  | Other anophthalmos                       |  |
| Z90.01 | Acquired absence of eye                  |  |

# References

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National Government Services. Local Coverage Article: Blepharoplasty (A51525). January 2018: <a href="https://www.cms.gov/medicare-coverage-database/details/article-details.aspx?articleId=52837&ver=15&DocType=All&bc=AACAAAAAAAAAAA.">https://www.cms.gov/medicare-coverage-database/details/article-details.aspx?articleId=52837&ver=15&DocType=All&bc=AACAAAAAAAAAAA.</a> Accessed March 6, 2025.

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Specialty-matched clinical peer review.

# **Revision History**

| Company(ies)                 | DATE          | REVISION   |
|------------------------------|---------------|--|
| EmblemHealth                 | Feb. 14, 2024 | Transferred policy content to individual company branded template  |
| EmblemHealth<br>ConnectiCare | Feb. 9, 2024  | Added covered indications: Exposure keratopathy secondary to thyroid eye disease, Blepharotomy for symptomatic exposure secondary to eyelid retraction resistant to medical therapy and Superficial punctate keratitis resistant to medical therapy necessitating blepharotomy |
| EmblemHealth<br>ConnectiCare | Aug. 11, 2023 | Removed symptomatic dermatitis of pretarsal skin caused by redundant upper lid as a covered indication  Streamlined visual field and photo documentation requirements  |
| EmblemHealth<br>ConnectiCare | Jan. 14, 2022 | Removed chronic blepharitis as a covered indication  |
| EmblemHealth<br>ConnectiCare | Jul. 13, 2021 | Added covered indications: Epiblepharon, lagophthalmos, congenital lagophthalmos, and post-traumatic defects of the eyelid   |
| EmblemHealth<br>ConnectiCare | Jan 10, 2020  | Changed "The upper eyelid margin approaches to within 2.5 mm (1/4 of the diameter of the visible iris) of the corneal light reflex" to "The upper eyelid margin rests 2 mm or less above the corneal light reflex"   |

| ConnectiCare | Dec. 12, 2019 | ConnectiCare adopts the clinical criteria of its parent corporation EmblemHealth                          |
|--------------|---------------|---|
| EmblemHealth | Jan. 11, 2019 | Added that blepharoplasty is considered medically necessary to relieve painful symptoms of blepharospasm. |