

Over-the-Counter (OTC) Covered Items

EmblemHealth VIP Dual (HMO D-SNP), EmblemHealth VIP Dual Enhanced (HMO D-SNP), EmblemHealth VIP Dual Reserve (HMO D-SNP), and EmblemHealth VIP Rx Saver (HMO) Plans include coverage for retail Over-the-counter (OTC) items. You can use your OTC card to buy covered* items from any participating OTC pharmacy.

For more information about participating OTC pharmacies, please visit MyBenefitsCenter.com.

For more information about mail-order OTC, please visit Conveybenefits.com/EmblemHealth.

Please note you can only use this benefit to buy items for yourself.

Abdominal Supports & Rib Belts

Acid Controllers

Allergy

Allergy Liquids, Tabs & Caps
Allergy Nasal Sprays, Drops & Inhalers

Anti-Diarrheals

Anti-Diarrheal Tabs, Liquids & Caps

Antifungal Treatments

Antifungal Powders, Creams, Liquids & Sprays
Nail Fungus Treatments

Anti-Gas

Mixed/Miscellaneous Anti-Gas

Anti-Itch Treatments

Anti-Itch Treatments (Excluding Hydrocortisone), Jock Itch & Insect Bite Remedies
Hydrocortisone Products

Antiparasitic Treatments

Lice Treatments & Accessories

Braces

Ankle & Foot
Elbow & Arm
Hand & Wrist
Joint Warmers & Arthritis
Knee, Thigh, Calf & Shin

Contact Lens Care

Gas Permeable & Hard Lens Care
Soft Lens Cleaners
Soft Lens Multi-Purpose & Saline Solutions
Soft Lens Rewetting Drops

Cough, Cold, Flu & Sinus

Cold & Flu Preventatives/Symptom Reducers
Cough, Cold, Flu & Sinus Liquids, Tabs & Caps

Cough Drops, Sore Throat Relief

Sore Throat Pain Relief
Throat & Cough Drops

Denture Care

Alcohol Swabs & Wipes
Denture Adhesives
Denture Repair & Pain Relief

Diabetes Health & Personal Care

Diabetes Cough, Cold & Allergy
Diabetes Skin Care & External Pain Relief
Diabetes Supplements

Digestive Aids

Lactose Intolerance
Prebiotics & Probiotics

Diuretics & Weight Loss Cleansing & Detox

Diuretics
Weight Loss Cleansing & Detox

Ear Care

Ear Drops & Syringes

Hearing Aids
Lipoflavonoids

Elastic Bandages & Athletic Treatments

Athletic Treatments
Elastic Bandages
Protective Guards

Electrical & Audio

Hearing Aid Batteries (Standard & High Performance)

External Pain Relief

External Muscle/Joint Pain Relief Patches, Pads, Creams, Ointments, Gels, Lotions, Liquids, Roll-Ons & Sprays

Eye Care

Magnifying Glasses
Reading Glasses

Eye Preparations (Includes Sleep Masks)

Dry Eye Relief
Eye Relief Products
Eye Wash

Facial & Body Acne Medications

Acne Creams, Gels, Lotions, Patches, Soaps, Cleansers, Astringents, Toners & Pads

Feminine Antifungal

First Aid Dressings
Adhesive & Liquid Bandages
Finger Cots & Splints

First Aid Kits, Supplies & Tapes
Gauze Pads, Dressings & Rolls
Masks (Respiratory, Barrier, etc.)
Protective Gloves
Surgical Bandages & Dressings

First Aid Treatments

Antiseptics & Medicated Products (Includes Alcohol, Peroxide, Epsom Salt, etc.)
Skin Protectants (Includes Petroleum Jelly)
Skin Treatments (Includes Burn & Scar)
Topical Antibiotics
Wound Cleansers

Floss & Gum Care

Dental Gum
Floss & Flossers
Gum Care

Foot Cushioning & Treatments

Corn, Callus & Bunion Pads
Corn & Callus Removers

Foot Pain Relief

Athletic Support Socks
General Compression
Sleeves & Garments

General Support — Low Compression (8-15 mmHg) & Medical Support High Compression (Over 8-15 mmHg)
Lymphedema Treatments (Sleeves, Socks, Pumps, etc.)
Medical Compression Sleeves & Garments
Mixed/Miscellaneous General Support — Low Compression (8-15mmHg)
Medical Support & Accessories (Knee High, Thigh High & Waist High)
Men's Support Hose
Women's High Compression Support Hose — Full & Maternity
Women's Support Hose — Knee High, Thigh High, Full & Maternity

Hemorrhoid Preparations

Hemorrhoid Treatments, Wipes & Washes

Home Diagnostics & Aids for Daily Living

Bathing & Oral Hygiene Aids
Blood Pressure Kits & Accessories
Drug & Alcohol Tests
Electric Heating Pads
Grooming & Dressing Aids

(Continued)

Health Insurance Plan of Greater New York (HIP) is an HMO plan with a Medicare contract and a HMO D-SNP plan with a Medicare contract and a contract with the New York State Department of Health. Enrollment in HIP depends on contract renewal. HIP is an EmblemHealth company.

EmblemHealth Plan, Inc., Health Insurance Plan of Greater New York (HIP), EmblemHealth Insurance Company and EmblemHealth Services Company, LLC are EmblemHealth companies. EmblemHealth Services Company, LLC provides administrative services to the EmblemHealth companies.

Over-the-Counter (OTC) Covered Drugs and Items (Continued)

Medical Alert IDs & Devices	Perineal — Only Wipes & Novelettes	Adult Aspirin & Combinations	Specialized Elbow & Arm Braces/ Supports/Splints	Sun Protection (SPF 50+)
Medicine Dosers, Pillboxes, Organizers & Reminders	Laxatives	Adult Ibuprofen & Other Anti-Inflammatories	Specialized Hinged Knee Braces/ Supports/Splints	Supplements
Mobility Safety: Stair Rails, Stair Treads, Temporary Mobility Ramps	Enemas, Laxative Suppositories, Kits, etc.	Adult Nighttime Pain Relief	Specialized Knee Immobilizer Braces/ Supports/Splints	Enzymes, Amino Acids & Hormones
Nightlights, Safety Lights & Pill Cutters	Fiber Products	Adult Specialty Pain Relief	Specialized Shoulder & Clavicle Braces/ Supports/Splints	Eye Health Vitamins
Reachers, Grippers & Lifts	Laxative Liquids & Combination Stool-Softener Products	Feminine Pain Relief	Specialized Thigh & Calf Braces/ Supports/Splints	General Health Prebiotics & Probiotics
Reading, Writing & Telephone Aids	Non-Liquid Laxatives (Non-Fiber) & Combination Stool-Softener Products	Patient Skin Support	Specialized Wrist & Hand Braces/ Supports/Splints	Menopause Support (Soy)
Stethoscopes & Accessories	Stool Softeners	Antifungals		Weight Management Tabs & Caps
Thermometers, Fever Strips & Accessories	Lip Care	Instant Hand Sanitizers		Toothbrushes
Home Health Care	Medicated Lip Treatments	Moisturizers, Barriers & Protectants		Battery & Rechargeable Toothbrushes & Refills
Bathtub Safety & Accessories	Nasal	Physical Fitness & Exercise Equipment	Specialized Wound Care	Manual Toothbrushes & Accessories
Bathtub & Toilet Rails & Frames	Decongestant Nasal Sprays, Drops & Inhalers	Fitness Trackers & Pedometers	Alginate Dressings	Toothpastes & Treatments
Elevated Toilet Seats & Accessories	Nasal Moisturizers, Washes, Strips & Snore Relief	Respiratory Treatments	Collagen Dressings	Regular & Sensitive Toothpastes
Grab Bars & Handles	Oral Remedies (Includes Fluoride Treatments)	Asthma Preparations	Foam Dressings	Tooth Powders & Treatments
Hand Held Showers	Dry Mouth	Humidifiers & Accessories	Gauze Dressings, Pads, Sponges & Packing	Whitening Toothpastes
Mixed/Miscellaneous Bathroom Safety	Oral Pain Relief & Mouth Sores	Repository Treatments	Hydrocolloid/Hydrogel Dressings	Urine Testing
Sitz Baths & Bidets	Temporary Dental Repair	Vapor Products (Includes Waterless Vaporizers)	Tapes, Wraps & Compression	Urine Test Strips & Tabs
Incontinence Personal Care	Orthopedic & Surgical Support	Reusable Incontinence	Transparent Dressings	Vitamins
Deodorizers	Arm Slings & Cervical Collars	Reusable Garments & Underpads	Wound Cleansers, Treatments & Accessories	Calcium
Disposable Underwear, Briefs, Undergarments, Underpads, Pads, Shields, Guards & Drip Collectors	Hernia Supports & Suspensories	Sleep Aids, Stimulants & Motion Sickness	Stomach Remedies	CoQ10 Only (Ubiquinol)
Perineal — Only Antifungals	Sacro & Back Braces	Motion Sickness & Vertigo	Antacids	Eye Health Vitamins
Perineal — Only Cleansers & Washes	Shoulder & Clavicle Braces	Sleep Aids, Sedatives & Stimulants	Antacid Liquids, Tabs & Caps	Heart Health & Essential Fatty Acids (Fish Oil, Flax, GLA, etc.)
Perineal — Only Moisturizers, Barriers & Protectants	Pain Relief	Smoking Deterrents	Effervescent Antacids & Combinations	Iron
	Adult Acetaminophen	Nicotine Patches, Gums & Lozenges	Multi-Symptom & Nausea Products	Joint Health (Including Glucosamine)
		Specialized Orthopedic Braces/Supports/Splints	Sun Protection	Multi-Minerals
		Specialized Ankle & Foot Braces/ Supports/Splints	Sport Sun Protection	Vitamin B & Vitamin B Complex
			Sun Protection (< SPF 50)	Vitamin C
				Vitamin D
				Vitamin E
				Wart Removers
				Liquids & Pads

* For a comprehensive list of covered items, please visit [MyBenefitsCenter.com](https://www.mylife.com/MyBenefitsCenter.com).

Over-the-Counter Non-Covered Items

Diabetes Care (blood glucose testing, continuous glucose monitoring devices, insulin, syringes & delivery systems). These items may be covered under your medical plan benefits. Please see your Evidence of Coverage for more information.

Covid Tests

Foot Care (foot grooming, foot moisturizers, exfoliators & cleansers, odor & wetness treatment insoles/inserts)

Non-prescription hearing aids.

Oral Care (mouthwash & breath remedies)

The product list is subject to change. Items, quantities, sizes, and values may change depending on availability at the retailer. Only certain brands are included.