

Healthy Futures Program

The Healthy Futures Program is a free service for pregnant members that connects them with important health information and resources, and supports them along their pregnancy journey — from family planning to delivery, postpartum care, and caring for a new baby.

Who is eligible for the program?

All pregnant members of EmblemHealth, except GHI NYC PPO and delegated members.*

How do members enroll?

To enroll, members can call the Care Management department at **800-447-0768 (TTY 711)**, Monday through Friday, 9 a.m. to 5 p.m. Members can also enroll on the EmblemHealth website at: emblemhealth.com/live-well/chronic-conditions/connect-withcare-management.

How does the program benefit the member?

- Provides access to question and answer sessions with our

medical experts, virtual support groups with other moms and moms-to-be, and online classes with EmblemHealth Neighborhood Care staff.

- Provides support from a care manager to help navigate a high-risk pregnancy or other chronic conditions.

How can you support members/your patients in the program?

By offering this program to members, they can get extra support and encouragement to meet their routine prenatal care benchmarks, helping to reinforce their care. The program also helps providers meet their quality and efficiency goals.

Are there additional considerations?

- The Healthy Futures Program is a support service offered to EmblemHealth members. It works in conjunction with the care you provide; it does not replace it.

How long is the program?

The program is available to members anywhere from 6 to 40 weeks of pregnancy. The postpartum portion of the program runs up to a year.

How do I find out more?

For more information and/or for your referrals, call our Care Management department at **800-447-0768 (TTY 711)**, Monday through Friday, 9 a.m. to 5 p.m.

* Some managing entities (delegates) offer their own care management programs for EmblemHealth members under their care. For more information about their care management programs, go to emblemhealth.com/providers/manual/health-promotion-and-care-management, under the "Care Management Programs" drop-down, at the bottom.

