

## Dental Care or Treatment Necessary Due to Congenital Disease or Anomaly — New York

Last Review Date: April 12, 2024

Number: MG.MM.ME.73C5

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### Definitions

Congenital Disease <sup>1</sup>	A disease that is present at birth. It may be due to hereditary factors, prenatal infection, injury, or the effect of a drug the mother took during pregnancy
Congenital Anomaly <sup>2</sup>	Congenital anomalies are also known as birth defects, congenital disorders or congenital malformations. Congenital anomalies can be defined as structural or functional anomalies (e.g. metabolic disorders) that occur during intrauterine life and can be identified prenatally, at birth or later in life. Congenital anomalies can be caused by single gene defects, chromosomal disorders, multifactorial inheritance, environmental teratogens and micronutrient deficiencies.
Dental Anomaly <sup>3</sup>	Abnormality or deviation from the average norm of anatomy, function, or position of teeth.

### Related Medical Guidelines

[Dental Trauma Guidelines for Medical Plans](#)

[Orthognathic Surgery](#)

### General Statement Regarding Coverage

Dental services are generally not covered under medical insurance. There are several exceptions including trauma, congenital anomalies, and orthognathic surgery.

<sup>1</sup> <https://medical-dictionary.thefreedictionary.com/congenital+disease>

<sup>2</sup> [http://www.who.int/topics/congenital\\_anomalies/en/](http://www.who.int/topics/congenital_anomalies/en/)

<sup>3</sup> Mosby's Medical Dictionary, 9<sup>th</sup> edition 2009, Elsevier

## Guideline

To qualify for coverage for dental care due to congenital disease or anomaly, all the following criteria must be met:

- I. The patient must have an underlying congenital disease or anomaly
  - II. The dental care is necessary when an individual experiences or is reasonably expected to experience substantial and long-term deficits in the ability to eat or speak due to multiple missing or malformed teeth
  - III. The dental care is appropriate for the condition
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### I. Qualifying congenital disease or anomaly

The following non-inclusive list of congenital conditions may qualify for coverage: <sup>4</sup>

- Albright Osteodyastrophy
- Amelogenesis Imperfecta
- Branchio-Oto-Renal dysplasia ( BORO-EYA 1 gene mutation)
- Caffey's Disorder
- Cherubism-Abnormal Sh3BP2 gene
- Cleft Lip/ Palate
- Cleidocranial Dysplasia/Dysostosis
- Crouzon Syndrome or Disease
- Down's Syndrome (Trisomy 21)
- Dentinogenesis Imperfecta
- Edward's syndrome (Trisomy 13)
- Ectodermal dysplasia
- Hemifacial microsomia
- Hypophosphatasia
- Hypopituitarism
- Hypothyroidism
- Incontinentia Pigmenti
- Klinefelter's Syndrome (47, XXY)
- Nevoid Basal Cell Carcinoma Syndrome- PITCH gene mutation
- Patau Syndrome (Trisomy 18)
- Pierre Robin Sequence
- Smith-Lem Li Opitz Syndrome
- Stickler syndrome
- Treacher-Collins syndrome or Mandibulofacial Dysostosis
- Turner Syndrome ( 45, X) -females
- Velocardiofacial Syndrome Chromosome 22(22q11)
- 47, XXX
- 47 XXY

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<sup>4</sup> NYS Dental Journal June/July 2007

A reviewer may require:

- Geneticist verification of underlying congenital condition
- X-rays indicating that teeth are congenitally missing and not missing due to extraction
- Additional supporting documentation including photos as needed
- A comprehensive treatment plan

## II. Definition of necessary dental care

- EmblemHealth considers coverage under this policy necessary when an individual experiences or is reasonably expected to experience substantial and long term deficits in the ability to eat or speak due to multiple missing or malformed teeth
- Orthodontic cases will be considered necessary if they are the result of a congenital disease or anomaly and meet the requirements of a severe physically handicapping malocclusion as defined by New York State Medicaid Program Dental Policy and Procedure Code Manual.<sup>5</sup>

## III. Dental care appropriate for the condition

- In all cases EmblemHealth reserves the right to evaluate treatment options on a case by case basis and to substitute least costly alternatives.
- Dental anomalies such as missing lateral incisors or bicuspid teeth, while reviewed on a case by case basis taking into account all presenting factors do not generally meet the criteria of “causing a reasonable expectation to experience substantial and long term deficits in the individuals ability to eat or speak” and will not be covered.

## Limitations/Exclusions

1. Temporary restorations are inclusive in the fee for all final restorations.
2. Dental implants will not be considered for coverage when:
  - a. Abutment teeth (either abutment for a fixed bridge) have crowns or in the opinion of our consultants require crowns.
  - b. Unless they are part of a clinically acceptable treatment plan.
  - c. Replacing third molars.
  - d. When replacing primary teeth
3. Dental implants are not indicated until there is appropriate alveolar growth and will not be covered in age inappropriate cases or in clinical circumstances where there is not a reasonable chance of success.

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<sup>5</sup> [https://www.emedny.org/ProviderManuals/Dental/PDFS/Dental\\_Policy\\_and\\_Procedure\\_Manual.pdf](https://www.emedny.org/ProviderManuals/Dental/PDFS/Dental_Policy_and_Procedure_Manual.pdf)